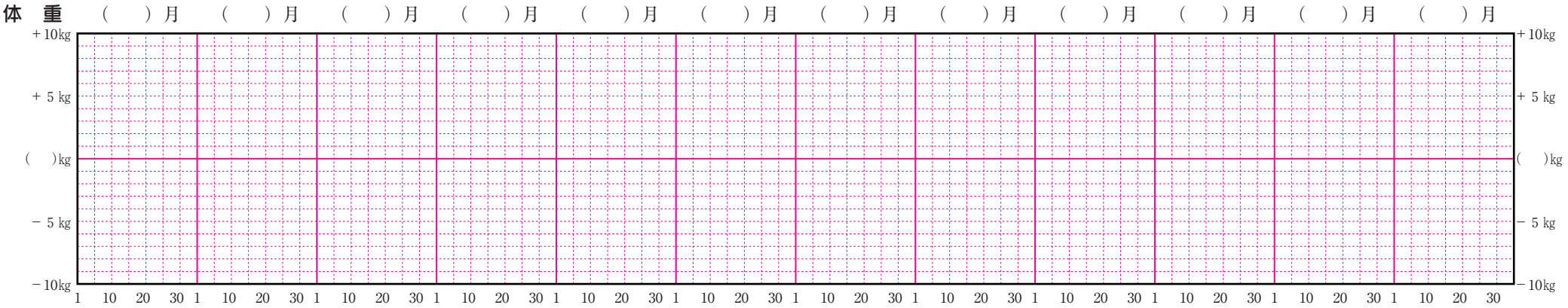
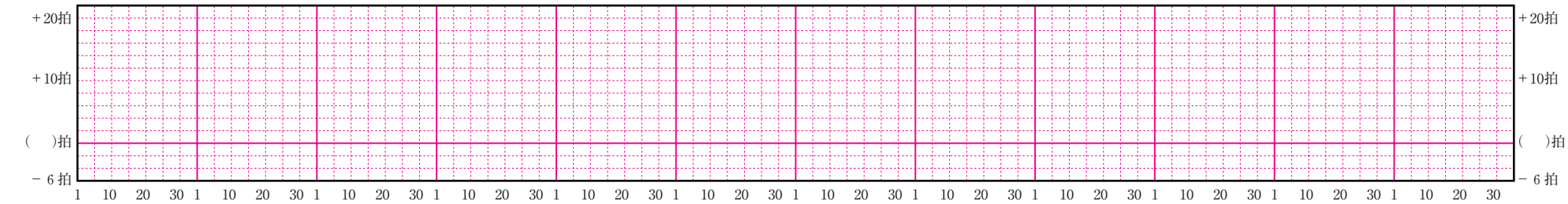
１年間の体重、心拍数、起床時体温、睡眠時間をグラフに表してみよう！

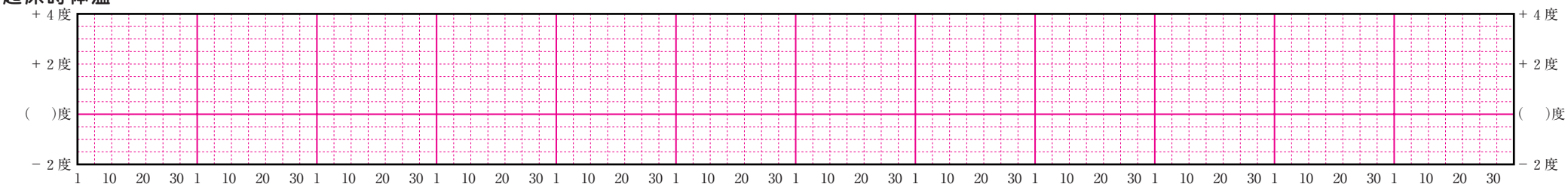
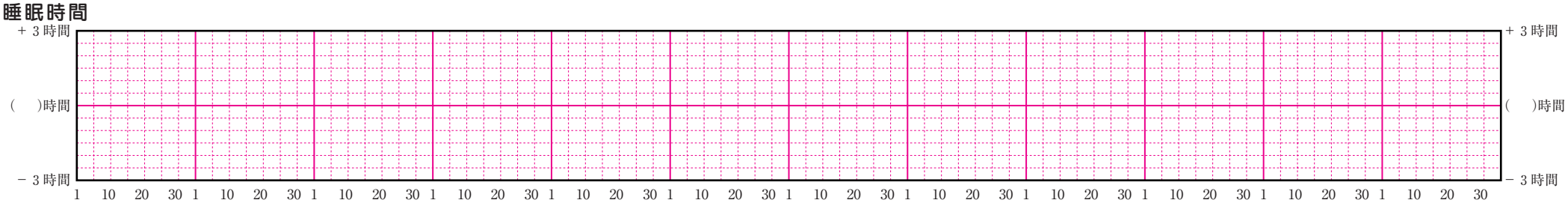
体　重



心拍数（拍／分）



起床時体温



睡眠時間